Client: Navinder Rai (6417) Dec 10, 2025

1. Please note: fields with a red asterisk are mandatory.

Legal First Name:	Legal Last Name:	Date of Birth:
Navinder	Rai	12/14/1965 (age 59)

Minor's Guardian Full Name, If Applicable:	Gender:	Street Address of Residence:	Apt./Unit #:
	Female	215 El Pinto	

City of Residence:	State of Residence:	Zip Code:	Mobile Phone:
Danville	CA	94526	(925) 519-3806

Email:
nav.rrai@gmail.com

2. The client allows MedScape GFE to perform the good faith exam and for the good faith exam to be released to:
US Cryotherapy Danville/San Ramon

Appointment made?
Appointment is pending this GFE approval

3. Check all treatments to have now or possibly would like in the future below: *Note: MedScape GFE does not determine the treatment route and/or dosages nor prescribes. US Cryotherapy Danville/San Ramon advises on treatment options within their clinic, scope of practice and protocols according to their medical director's guidelines.

☑ T-Shape 2 Cellulite Reduction and/or Skin Tightening

4. Please answer the questions below relating to the selected treatment(s) above:

Have had selected treatment(s) before?
Yes

Result of previous treatment(s)?
Minimal results

Goal of requested treatment(s)? Select ALL that apply.
☑ Tighten Skin

If needed, please explain further below:

5. "Yes" was selected for previous treatment(s). Please list treatment(s) history below. If more space is needed please add more rows by hitting the "add rows" button.

	Treatment	Last Treatment
1	Cryo facial	12/6/25

6. Under any type of medical care? (i.e. PCP, OB/GYN, allergist, naturopath, mental health, specialist)

No

7. For female assigned gender at birth:

Currently pregnant? ☑ No

Trying to become pregnant? ☑ No

Could possibly be pregnant? ☑ No

Currently breastfeeding? ☑ No

Going through IVF/Planning on IVF in the near future? ☑ No

8. List ALL medications below including homeopathic supplements and vitamins. If none apply, please write in "none".

	Name of Medication and Dose:	Start Date:
1	Metformin	March 2025
2	Hyaluronic acid	4+years
3	VitD, biotin multivits	4+years
4	Magnesium malate	2/3years

9. List ALL surgeries and hospitalizations below. This includes ALL implantation of objects placed in the body that one is not born with ie devices, stents, piercings. If none apply, please write in "none".

	Type of Surgery/Hospitalization/Implant and Location:	Date and Year of Surgery/Hospitalization/Implant:
1	None	None
2	None	
3	None	

10. List ALL allergies below and/or dietary restrictions. If none apply, please write in "none".

	Type of Allergy:	Reaction:
1	Codiene/vicodin	Hallucinations
2	Gelatin	Rash

11. Vitals & Measurements

Height (ft/in or cm)
5.5

Weight (lbs or kg)
185lbs

Have you noticed any recent changes in your weight?
No

Do you have personal wellness or body goals you'd like us to know about?
Lose weight

If "other", please specify

12. Health History - Circulatory and Respiratory System (Please select all that apply):

☑ Asthma

13. Health History - Nervous System (Please select all that apply):

☑ Fatigue ☑ Migraine

If "other", please specify

14. Health History - Digestive System (Please select all that apply):

☑ None of these

If "other", please specify

15. Health History - Skin (Please select all that apply):

☑ Eczema

If "other", please specify

16. Health History - Other (Please select all that apply):

☑ None of these

If "other", please specify

17. Health History - Cancer

Have you ever been diagnosed with cancer?
No

If yes, please specify type, date of diagnosis, and current status (active, in remission, or treated) N/A for No.
None

Has any immediate family member (parents, siblings, children) been diagnosed with cancer?
No

If yes, Please specify relation, type of cancer, and age at diagnosis. N/A for No.

If "other", please specify

18. Health History - Mental Health & Emotional Well-Being

Do you have a history of depression, anxiety, or other mental health conditions?
No

If yes, are you currently receiving treatment (medication, counseling, or therapy)? N/A for none.
None

Have you ever been hospitalized for a mental health condition?
No

If yes, please specify when and which hospital. N/A for none.
None

If "other", please specify

19. Health History - Sexual Health & Hormones

Do you experience sexual dysfunction (low libido, erectile difficulties, vaginal dryness, or other concerns)?
No

If yes, please specify. N/A for none.
None

Have you noticed changes in your energy, mood, or sleep patterns that you think may be hormone-related?
No

Have you ever had a hormone evaluation (testosterone, estrogen, thyroid, cortisol, etc.)?
No

Would you like to have a hormonal evaluation via lab work?
No

If "other", please specify

20. Health History - Hair & Skin Health

Do you currently experience hair loss, thinning, or shedding?
Yes

Have you tried any treatments for hair loss in the past?
No

Would you like a consultation about hair loss?
No

Do you have a history of skin disorders (acne, eczema, psoriasis, etc.)?
Yes

If "other", please specify
Eczema

21. Please answer the lifestyle questions below:

Average stress level:
Moderate

Smoke, vape, or chew tobacco?
None

On average, how many days per week for alcohol consumption?
None

Recreational drugs?
None

On average, how many glasses of fluids (including water, juice, and decaffeinated tea) are consumed daily? (Glass = 8 ounces)

Less than 4 glasses

Currently following any specific diet plan? If so, please specify which one(s): ☑ Vegetarian

22. Approval and/or deferral to medical director's SOPs (description of treatment(s) that client is approved and/or deferred for). Please select all that apply treatments for approved and/or deferred to medical director's SOPs with US Cryotherapy Danville/San Ramon. MedScape GFE does NOT condone any off label administration or dosing of ANY treatments. We will approve, however, it is ONLY depending on if US Cryotherapy Danville/San Ramon medical director allows for off label treatment(s). For any off label administration and dosage, US Cryotherapy Danville/San Ramon must follow policies and procedures as approved by your clinics medical director. If US Cryotherapy Danville/San Ramon medical director does not allow for said off label treatment(s), the good faith exam note provided by MedScape GFE's and the high-level provider will be null and void.

Treatment(s) client is approved and/or deferred to receive treatment at US Cryotherapy Danville/San Ramon (select ALL that apply to visit): ☑ Approved for T-Shape 2 Cellulite Reduction and/or Skin Tightening

Treatment(s) deferred to US Cryotherapy Danville/San Ramon medical director's SOPs with the reason(s) for deferral. If no explanation(s) is/are necessary, please write "not applicable":

NA

Clarification(s) needed from the client before approval. The client MUST resubmit with clarification(s) requested by the good faith exam high-level provider. If the client does not provide what the good faith exam high-level provider requests, the note is void, and therefore, the client is denied. If no explanation(s) is/are necessary, please write "not applicable":

NA

Term(s) of approved treatment(s) (select ALL that apply):

☑ 1 year (unless medical condition(s) change, medication(s) change and/or anything if anything is added to what is stated and approved in this GFE. If any of the aforementioned apply, the client must be re-seen at the time of discovery AND before their next appointment/treatment(s)

Provide treatment name(s) and explanation(s) for short-term approval(s) (under one year approval). If no explanation(s) is/are necessary, please write "not applicable":

NA

e-signature Dec 10, 2025

Good Faith Exam completed by the following MedScape GFE Practitioner:

Danielle Trenelli, FNP-BC

*Signed by Danielle Trenelli on Dec 10, 2025 at 10:05 AM from IP 71.127.239.****