Client: Yvonne Gehring (6325) Dec 01, 2025

1. Please note: fields with a red asterisk are mandatory.

Legal First Name: Yvonne
Legal Last Name: Gehring
Date of Birth: 12/29/1963 (age 61)
Minor's Guardian Full Name, If Applicable:
Gender: Female
Street Address of Residence: 26574 Durham Way
Apt./Unit #:
City of Residence: Hayward
State of Residence: CA
Zip Code: 94542
Mobile Phone: (650) 580-6772
Email: y_gehring@yahoo.com

2. The client allows MedScape GFE to perform the good faith exam and for the good faith exam to be released to: US Cryotherapy Danville/San Ramon
Appointment made? Yes

3. Please state the date and time of the appointment:

12/4/25 5pm

4. Check all treatments to have now or possibly would like in the future below: *Note: MedScape GFE does not determine the treatment route and/or dosages nor prescribes. US Cryotherapy Danville/San Ramon advises on treatment options within their clinic, scope of practice and protocols according to their medical director's guidelines.

☑ T-Shape 2 Cellulite Reduction and/or Skin Tightening

5. Please answer the questions below relating to the selected treatment(s) above:

Have had selected treatment(s) before? Yes
Result of previous treatment(s)? Not applicable
Goal of requested treatment(s)? Select ALL that apply.
☑ Tighten Skin
If needed, please explain further below:

6. "Yes" was selected for previous treatment(s). Please list treatment(s) history below. If more space is needed please add more rows by hitting the "add rows" button.

	Treatment	Last Treatment
1	Cryo	11/17/25

7. Under any type of medical care? (i.e. PCP, OB/GYN, allergist, naturopath, mental health, specialist)

No

8. For female assigned gender at birth:

Currently pregnant? ☑ No

Could possibly be pregnant? ☑ No

Going through IVF/Planning on IVF in the near future? ☑ No

Trying to become pregnant? ☑ No

Currently breastfeeding? ☑ No

9. List ALL medications below including homeopathic supplements and vitamins. If none apply, please write in "none".

	Name of Medication and Dose:	Start Date:
1	None	

10. List ALL surgeries and hospitalizations below. This includes ALL implantation of objects placed in the body that one is not born with ie devices, stents, piercings. If none apply, please write in "none".

	Type of Surgery/Hospitalization/Implant and Location:	Date and Year of Surgery/Hospitalization/Implant:
1	Gall bladder removal	1983

11. List ALL allergies below and/or dietary restrictions. If none apply, please write in "none".

	Type of Allergy:	Reaction:
1	Iodine	Swelling and asthma
2	Retinol	Face swelling

12. Vitals & Measurements

Height (ft/in or cm)
5 ft. 8 inches

Weight (lbs or kg)
13 lbs.

Have you noticed any recent changes in your weight?
No

Do you have personal wellness or body goals you'd like us to know about?
Maintain current weight

If "other", please specify

13. Health History - Circulatory and Respiratory System (Please select all that apply):

☑ Asthma

14. Health History - Nervous System (Please select all that apply):

☑ None of these

If "other", please specify

15. Health History - Digestive System (Please select all that apply):

☑ None of these

If "other", please specify

16. Health History - Skin (Please select all that apply):

☑ Melasma ☑ Rosacea ☑ Sensitive

If "other", please specify

17. Health History - Other (Please select all that apply):

☑ None of these

If "other", please specify

18. Health History - Cancer

Have you ever been diagnosed with cancer?
No

If yes, please specify type, date of diagnosis, and current status (active, in remission, or treated) N/A for No.
N/A

Has any immediate family member (parents, siblings, children) been diagnosed with cancer?
Yes

If yes, Please specify relation, type of cancer, and age at diagnosis. N/A for No.
Colon

If "other", please specify

19. Health History - Mental Health & Emotional Well-Being

Do you have a history of depression, anxiety, or other mental health conditions?
No

If yes, are you currently receiving treatment (medication, counseling, or therapy)? N/A for none.
N/A

Have you ever been hospitalized for a mental health condition?
No

If yes, please specify when and which hospital. N/A for none.

If "other", please specify

20. Health History - Sexual Health & Hormones

Do you experience sexual dysfunction (low libido, erectile difficulties, vaginal dryness, or other concerns)?
Yes

If yes, please specify. N/A for none.
Rather not say

Have you noticed changes in your energy, mood, or sleep patterns that you think may be hormone-related?
Yes

Have you ever had a hormone evaluation (testosterone, estrogen, thyroid, cortisol, etc.)?
No

Would you like to have a hormonal evaluation via lab work?
No

If "other", please specify

21. Health History - Hair & Skin Health

Do you currently experience hair loss, thinning, or shedding?
Yes

Have you tried any treatments for hair loss in the past?
No

Would you like a consultation about hair loss?
No

Do you have a history of skin disorders (acne, eczema, psoriasis, etc.)?
No

If "other", please specify

22. Please answer the lifestyle questions below:

Average stress level:
Moderate

Smoke, vape, or chew tobacco?
None

On average, how many days per week for alcohol consumption?
Occasionally (a few times a month)

Recreational drugs?
None

On average, how many glasses of fluids (including water, juice, and decaffeinated tea) are consumed daily? (Glass = 8 ounces)
More than 8 glasses

Currently following any specific diet plan? If so, please specify which one(s): ☑ High Protein ☑ Low-Carb ☑ Mediterranean

23. Approval and/or deferral to medical director's SOPs (description of treatment(s) that client is approved and/or deferred for). Please select all that apply treatments for approved and/or deferred to medical director's SOPs with US Cryotherapy Danville/San Ramon. MedScape GFE does NOT condone any off label administration or dosing of

ANY treatments. We will approve, however, it is ONLY depending on if US Cryotherapy Danville/San Ramon medical director allows for off label treatment(s). For any off label administration and dosage, US Cryotherapy Danville/San Ramon must follow policies and procedures as approved by your clinics medical director. If US Cryotherapy Danville/San Ramon medical director does not allow for said off label treatment(s), the good faith exam note provided by MedScape GFE's and the high-level provider will be null and void.

Treatment(s) client is approved and/or deferred to receive treatment at US Cryotherapy Danville/San Ramon (select ALL that apply to visit): ☑ **Approved for T-Shape 2 Cellulite Reduction and/or Skin Tightening**

Treatment(s) deferred to US Cryotherapy Danville/San Ramon medical director's SOPs with the reason(s) for deferral. If no explanation(s) is/are necessary, please write "not applicable":

NA

Clarification(s) needed from the client before approval. The client MUST resubmit with clarification(s) requested by the good faith exam high-level provider. If the client does not provide what the good faith exam high-level provider requests, the note is void, and therefore, the client is denied. If no explanation(s) is/are necessary, please write "not applicable":

NA

Term(s) of approved treatment(s) (select ALL that apply):

☑ **1 year (unless medical condition(s) change, medication(s) change and/or anything if anything is added to what is stated and approved in this GFE. If any of the aforementioned apply, the client must be re-seen at the time of discovery AND before their next appointment/treatment(s)**

Provide treatment name(s) and explanation(s) for short-term approval(s) (under one year approval). If no explanation(s) is/are necessary, please write "not applicable":

NA

e-signature Dec 01, 2025

Good Faith Exam completed by the following MedScape GFE Practitioner:

Danielle Trenelli, FNP-BC

*Signed by Danielle Trenelli on Dec 01, 2025 at 07:55 AM from IP 71.127.239.****