



Client: Ellen Carlston (6410)

Dec 10, 2025

1. Please note: fields with a red asterisk are mandatory.

Legal First Name: Ellen Legal Last Name: Carlston Date of Birth: 01/31/1958 (age 67)

Minor's Guardian Full Name, If Applicable: Ellen Gwen Carlston Gender: Female Street Address of Residence: 2216 Sand Point Rd Apt./Unit #: \_\_\_\_\_

City of Residence: Discovery bay State of Residence: CA Zip Code: 94505 Mobile Phone: (956) 755-9795

Email: ellen4uandme@yahoo.com

2. The client allows MedScape GFE to perform the good faith exam and for the good faith exam to be released to: Rejuvenate Aesthetics Appointment made? At appointment now

3. Check all treatments to have now or possibly would like in the future below: \*Note: MedScape GFE does not determine the treatment route and/or dosages nor prescribes. Rejuvenate Aesthetics advises on treatment options within their clinic, scope of practice and protocols according to their medical director's guidelines.

☒ Jeuveau Neurotoxin

4. Please answer the questions below relating to the selected treatment(s) above:

Have had selected treatment(s) before? Yes Result of previous treatment(s)? Excellent results

Goal of requested treatment(s)? Select ALL that apply. ☒ To temporarily relax targeted facial muscles If needed, please explain further below: \_\_\_\_\_

5. "Yes" was selected for previous treatment(s). Please list treatment(s) history below. If more space is needed please add more rows by hitting the "add rows" button.

|   | Treatment    | Last Treatment |
|---|--------------|----------------|
| 1 | <u>Botox</u> | <u>Botox</u>   |

6. Under any type of medical care? (i.e. PCP, OB/GYN, allergist, naturopath, mental health, specialist)

No

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7. For female assigned gender at birth:

Currently pregnant? ☒ No

Trying to become pregnant? ☒ No

Could possibly be pregnant? ☒ No

Currently breastfeeding? ☒ No

Going through IVF/Planning on IVF in the near future? ☒ No

8. List ALL medications below including homeopathic supplements and vitamins. If none apply, please write in "none".

|   | Name of Medication and Dose: | Start Date: |
|---|------------------------------|-------------|
| 1 | None                         |             |

9. List ALL surgeries and hospitalizations below. This includes ALL implantation of objects placed in the body that one is not born with ie devices, stents, piercings. If none apply, please write in "none".

|   | Type of Surgery/Hospitalization/Implant and Location: | Date and Year of Surgery/Hospitalization/Implant: |
|---|-------------------------------------------------------|---------------------------------------------------|
| 1 | Child birtg                                           |                                                   |

10. List ALL allergies below and/or dietary restrictions. If none apply, please write in "none".

|   | Type of Allergy: | Reaction: |
|---|------------------|-----------|
| 1 | None             |           |

11. Health History - Circulatory and Respiratory System (Please select all that apply):

☒ None of these

12. Health History - Nervous System (Please select all that apply):

☒ None of these

If "other", please specify

13. Health History - Digestive System (Please select all that apply):

☒ None of these

If "other", please specify

14. Health History - Skin (Please select all that apply):

☒ **None of These**

If "other", please specify

15. Health History - Other (Please select all that apply):

☒ **None of these**

If "other", please specify

16. Health History - Cancer

Have you ever been diagnosed with cancer?

**No**

If yes, please specify type, date of diagnosis, and current status (active, in remission, or treated) N/A for No.

**NA**

Has any immediate family member (parents, siblings, children) been diagnosed with cancer?

**No**

If yes, Please specify relation, type of cancer, and age at diagnosis. N/A for No.

**Na**

If "other", please specify

17. Health History - Mental Health & Emotional Well-Being

Do you have a history of depression, anxiety, or other mental health conditions?

**No**

If yes, are you currently receiving treatment (medication, counseling, or therapy)? N/A for none.

**NA**

Have you ever been hospitalized for a mental health condition?

**No**

If yes, please specify when and which hospital. N/A for none.

**NA**

If "other", please specify

18. Health History - Sexual Health & Hormones

Do you experience sexual dysfunction (low libido, erectile difficulties, vaginal dryness, or other concerns)?

**No**

If yes, please specify. N/A for none.

**NA**

Have you noticed changes in your energy, mood, or sleep patterns that you think may be hormone-related?

**No**

Have you ever had a hormone evaluation (testosterone, estrogen, thyroid, cortisol, etc.)?

**No**

Would you like to have a hormonal evaluation via lab work?

**No**

If "other", please specify

## 19. Health History - Hair & Skin Health

Do you currently experience hair loss, thinning, or shedding?

**No**

Would you like a consultation about hair loss?

**No**

If "other", please specify

Have you tried any treatments for hair loss in the past?

**No**

Do you have a history of skin disorders (acne, eczema, psoriasis, etc.)?

**No**

## 20. Please answer the lifestyle questions below:

Average stress level:

**Moderate**

On average, how many days per week for alcohol consumption?

**Occasionally (a few times a month)**

On average, how many glasses of fluids (including water, juice, and decaffeinated tea) are consumed daily? (Glass = 8 ounces)

**Around 4-8 glasses**

Smoke, vape, or chew tobacco?

**None**

Recreational drugs?

**None**

Currently following any specific diet plan? If so, please specify which one(s): ☒ **None of these**

## 21. Approval and/or deferral to medical director's SOPs (description of treatment(s) that client is approved and/or deferred for). Please select all that apply treatments for approved and/or deferred to medical director's SOPs with Rejuvenate Aesthetics. MedScape GFE does NOT condone any off label administration or dosing of ANY treatments. We will approve, however, it is ONLY depending on if New York Beauty Center's medical director allows for off label treatment(s). For any off label administration and dosage, New York Beauty Center must follow policies and procedures as approved by your clinics medical director. If New York Beauty Center's medical director does not allow for said off label treatment(s), the good faith exam note provided by MedScape GFE's and the high-level provider will be null and void.

Treatment(s) client is approved and/or denied to receive at Rejuvenate Aesthetics's (select ALL that apply to visit): ☒ **Jeuveau Neurotoxin** ☒ **Fillers (Evolysse and Versa)** ☒ **PDO Threads (PDO Max)**

☒ **NAD+ Injections** ☒ **Glutathione Injections** ☒ **MIC B12 Injections** ☒ **Procell Microchanneling**

☒ **B12 Injections**

Treatment(s) deferred to Rejuvenate Aesthetics's medical director's SOPs with the reason(s) for deferral. If no explanation(s) is/are necessary, please write "not applicable":

**NA**

Clarification(s) needed from the client before approval. The client MUST resubmit with clarification(s) requested by the good faith exam high-level provider. If the client does not provide what the good faith exam high-level provider requests, the note is void, and therefore, the client is denied. If no explanation(s) is/are necessary, please write "not applicable":

**NA**

Term(s) of approved treatment(s) (select ALL that apply):

☒ 1 year (unless medical condition(s) change, medication(s) change and/or anything if anything is added to what is stated and approved in this GFE. If any of the aforementioned apply, the client must be re-seen at the time of discovery AND before their next appointment/treatment(s)

Provide treatment name(s) and explanation(s) for short-term approval(s) (under one year approval). If no explanation(s) is/are necessary, please write "not applicable":

NA

e-signature

Dec 10, 2025

Good Faith Exam completed by the following MedScape GFE Practitioner:

*Danielle Trenelli, FNP-BC*

Signed by Danielle Trenelli on Dec 10, 2025 at 10:46 AM from IP 71.127.239.\*\*\*

## 22. Vitals & Measurements

Height (ft/in or cm)

5'5

Have you noticed any recent changes in your weight?

No

If "other", please specify

Weight (lbs or kg)

140

Do you have personal wellness or body goals you'd like us to know about?

No