

# Reclaim Health

Client: Susan Goodwin (6209)

Nov 21, 2025

1. Please note: fields with a red asterisk are mandatory.

Legal First Name: Susan Legal Last Name: Goodwin Date of Birth: 2/22/1985 (age 40)

Minor's Guardian Full Name, If Applicable: Susan Goodwin Gender: Female Street Address of Residence: 5520 Harkey road Apt./Unit #: \_\_\_\_\_

City of Residence: Waxhaw State of Residence: NC Zip Code: 28173 Mobile Phone: (704) 960-2164

Email: susan@goodwincustomhomes.com

2. The client allows MedScape GFE to perform the good faith exam and for the good faith exam to be released to: Reclaim Health

Appointment made? At appointment now

3. Check all treatments to have now or possibly would like in the future below: \*Note: MedScape GFE does not determine the treatment route and/or dosages nor prescribes. Reclaim Health advises on treatment options within their clinic, scope of practice and protocols according to their medical director's guidelines.

☒ T-Shape 2 Cellulite Reduction ☒ T-Shape 2 Skin Tightening

4. Please answer the questions below relating to the selected treatment(s) above:

Have had selected treatment(s) before? No Result of previous treatment(s)? Not applicable

Goal of requested treatment(s)? Select ALL that apply. ☒ Reduce Cellulite ☒ Tighten Skin If needed, please explain further below: \_\_\_\_\_

5. Under any type of medical care? (i.e. PCP, OB/GYN, allergist, naturopath, mental health, specialist)

Yes

6. "Yes" for medical care was selected. Please list the provider's name(s) and their speciality.

	Name	Speciality
1	Danielle Benham	Wellness coaching and thermography, muscle testing
2	Valerie M.	Lymphatic drainage-massage- breasts

7. For female assigned gender at birth:

Currently pregnant? ☒ No

Trying to become pregnant? ☒ No

Could possibly be pregnant? ☒ No

Currently breastfeeding? ☒ No

Going through IVF/Planning on IVF in the near future? ☒ No

8. List ALL medications below including homeopathic supplements and vitamins. If none apply, please write in "none".

	Name of Medication and Dose:	Start Date:
1	Primal Queen	August 2025
2	Magnesium Glyncinate	2023
3	Glutathione	August 2023

9. List ALL surgeries and hospitalizations below. This includes ALL implantation of objects placed in the body that one is not born with ie devices, stents, piercings. If none apply, please write in "none".

	Type of Surgery/Hospitalization/Implant and Location:	Date and Year of Surgery/Hospitalization/Implant:
1	C section	1/2016
2	C section	8/2017
3	C section	2/2020
4	C section	5/2023

10. List ALL allergies below and/or dietary restrictions. If none apply, please write in "none".

	Type of Allergy:	Reaction:
1	Gluten	Inflammation
2	Dairy	Inflammation

11. Vitals & Measurements

Height (ft/in or cm)

5'6

Weight (lbs or kg)

168

Have you noticed any recent changes in your weight?

Yes

Do you have personal wellness or body goals you'd like us to know about?

Weight seems stuck, working w wellness coach on inflammation.

If "other", please specify

12. Health History - Circulatory and Respiratory System (Please select all that apply):

☒ **Low Blood Pressure**  
I've always tended on the  
low side

13. Health History - Nervous System (Please select all that apply):

☒ **None of these**  
None  
If "other", please specify

14. Health History - Digestive System (Please select all that apply):

☒ **None of these**  
  
If "other", please specify

15. Health History - Skin (Please select all that apply):

☒ **Eczema**  
From mold exposure in the  
past 2023  
If "other", please specify

16. Health History - Other (Please select all that apply):

☒ **Anxiety**  
  
If "other", please specify

17. Health History - Cancer

Have you ever been diagnosed with cancer?  
No

Has any immediate family member (parents, siblings,  
children) been diagnosed with cancer?  
No

If "other", please specify

If yes, please specify type, date of diagnosis, and  
current status (active, in remission, or treated) N/A  
for No.  
N/a

If yes, Please specify relation, type of cancer, and age  
at diagnosis. N/A for No.  
\_\_\_\_\_

18. Health History - Mental Health & Emotional Well-Being

Do you have a history of depression, anxiety, or other mental health conditions?

**Yes**

Have you ever been hospitalized for a mental health condition?

**No**

If "other", please specify

If yes, are you currently receiving treatment (medication, counseling, or therapy)? N/A for none.

**Not currently**

If yes, please specify when and which hospital. N/A for none.

## 19. Health History - Sexual Health & Hormones

Do you experience sexual dysfunction (low libido, erectile difficulties, vaginal dryness, or other concerns)?

**Yes**

Have you noticed changes in your energy, mood, or sleep patterns that you think may be hormone-related?

**Yes**

Would you like to have a hormonal evaluation via lab work?

**No**

If "other", please specify

**Not at this time but maybe in the future**

If yes, please specify. N/A for none.

**Low libido**

Have you ever had a hormone evaluation (testosterone, estrogen, thyroid, cortisol, etc.)?

**Yes**

## 20. Health History - Hair & Skin Health

Do you currently experience hair loss, thinning, or shedding?

**No**

Would you like a consultation about hair loss?

**No**

If "other", please specify

**Eczema post partum and mold exposure**

Have you tried any treatments for hair loss in the past?

**No**

Do you have a history of skin disorders (acne, eczema, psoriasis, etc.)?

**Yes**

## 21. Please answer the lifestyle questions below:

Average stress level:

**High**

On average, how many days per week for alcohol consumption?

**Occasionally (a few times a month)**

On average, how many glasses of fluids (including water, juice, and decaffeinated tea) are consumed daily? (Glass = 8 ounces)

**More than 8 glasses**

Smoke, vape, or chew tobacco?

**None**

Recreational drugs?

**None**

Currently following any specific diet plan? If so, please specify which one(s): ☒ **Dairy-Free**

☒ **Gluten-Free**

22. Approval and/or deferral to medical director's SOPs (description of treatment(s) that client is approved and/or deferred for). Please select all that apply treatments for approved and/or deferred to medical director's SOPs with Reclaim Health. MedScape GFE does NOT condone any off label administration or dosing of ANY treatments. We will approve, however, it is ONLY depending on if Reclaim Health's medical director allows for off label treatment(s). For any off label administration and dosage, Reclaim Health must follow policies and procedures as approved by your clinics medical director. If Reclaim Health's medical director does not allow for said off label treatment(s), the good faith exam note provided by MedScape GFE's and the high-level provider will be null and void.

Treatment(s) client is approved and/or denied to receive at Reclaim Health (select ALL that apply to visit):

☒ T-Shape 2 Cellulite Reduction ☒ T-Shape 2 Skin Tightening

Treatment(s) deferred to Reclaim Health medical director's SOPs with the reason(s) for deferral. If no explanation(s) is/are necessary, please write "not applicable":

NA

Clarification(s) needed from the client before approval. The client MUST resubmit with clarification(s) requested by the good faith exam high-level provider. If the client does not provide what the good faith exam high-level provider requests, the note is void, and therefore, the client is denied. If no explanation(s) is/are necessary, please write "not applicable":

NA

Term(s) of approved treatment(s) (select ALL that apply):

☒ 1 year (unless medical condition(s) change, medication(s) change and/or anything if anything is added to what is stated and approved in this GFE. If any of the aforementioned apply, the client must be re-seen at the time of discovery AND before their next appointment/treatment(s)

Provide treatment name(s) and explanation(s) for short-term approval(s) (under one year approval). If no explanation(s) is/are necessary, please write "not applicable":

NA

e-signature

Nov 21, 2025

Good Faith Exam completed by the following MedScape GFE Practitioner:

Danielle Trenelli, FNP-BC

Signed by Danielle Trenelli on Nov 21, 2025 at 02:12 PM from IP 71.127.239.\*\*\*