Client: Alyson Skahill (6248) Nov 21, 2025

1. Please note: fields with a red asterisk are mandatory.

Legal First Name: Alyson

Legal Last Name: Skahill

Date of Birth: 3/8/1967 (age 58)

Minor's Guardian Full Name, If Applicable:

Gender: Female

Street Address of Residence: 4801 Western Hills Drive

Apt./Unit #:

City of Residence: West Des Moines

State of Residence: IA

Zip Code: 50265

Mobile Phone: (515) 770-4251

Email: skahillal@gmail.com

2. The client allows MedScape GFE to perform the good faith exam and for the good faith exam to be released to: Project Body Wellness

Appointment made? Yes

3. Please state the date and time of the appointment:

11/21/25 @ 600

4. Check all treatments to have now or possibly would like in the future below: *Note: MedScape GFE does not determine the treatment route and/or dosages nor prescribes. Project Body Wellness advises on treatment options within their clinic, scope of practice and protocols according to their medical director's guidelines.

☑ T-Shape 2

5. Please answer the questions below relating to the selected treatment(s) above:

Have had selected treatment(s) before? No

Result of previous treatment(s)? Not applicable

Goal of requested treatment(s)? Select ALL that apply.
☑ Reduce Cellulite ☑ Tighten Skin
☑ Fat loss reduction

If needed, please explain further below:

6. Under any type of medical care? (i.e. PCP, OB/GYN, allergist, naturopath, mental health, specialist)

Yes

7. "Yes" for medical care was selected. Please list the provider's name(s) and their speciality.

	Name	Speciality
1		Allergist
2	Sharon Koehle	Psychiatry

8. For female assigned gender at birth:

Currently pregnant? ☑ No

Could possibly be pregnant? ☑ No

Going through IVF/Planning on IVF in the near future? ☑ No

Trying to become pregnant? ☑ No

Currently breastfeeding? ☑ No

9. List ALL medications below including homeopathic supplements and vitamins. If none apply, please write in "none".

	Name of Medication and Dose:	Start Date:
1	Brupropian 250 mg	I do not know
2	Sertraline 25 mg	I do not know
3	Methylphenidate	I do not know

10. List ALL surgeries and hospitalizations below. This includes ALL implantation of objects placed in the body that one is not born with ie devices, stents, piercings. If none apply, please write in "none".

	Type of Surgery/Hospitalization/Implant and Location:	Date and Year of Surgery/Hospitalization/Implant:
1	Broken elbow	2015; surgeon

11. List ALL allergies below and/or dietary restrictions. If none apply, please write in "none".

	Type of Allergy:	Reaction:
1	Cats/dogs	Rash
2	Pollen trees	Rash
3	Nickel	Ash

12. Vitals & Measurements

Height (ft/in or cm)
5ft 6in

Weight (lbs or kg)
135 lbs

Have you noticed any recent changes in your weight?
No

Do you have personal wellness or body goals you'd like us to know about?
No

If "other", please specify

13. Health History - Circulatory and Respiratory System (Please select all that apply):

☑ Night Sweats

Assuming part of menopause

14. Health History - Nervous System (Please select all that apply):

☑ None of these

If "other", please specify

15. Health History - Digestive System (Please select all that apply):

☑ Ulcer

20 plus years ago

If "other", please specify

16. Health History - Skin (Please select all that apply):

☑ Dermatitis ☑ Dry ☑ Eczema

☑ Hives ☑ Rashes

If "other", please specify

17. Health History - Other (Please select all that apply):

☑ None of these

If "other", please specify

18. Health History - Cancer

Have you ever been diagnosed with cancer?

No

If yes, please specify type, date of diagnosis, and current status (active, in remission, or treated) N/A for No.

NA

Has any immediate family member (parents, siblings, children) been diagnosed with cancer?

No

If yes, Please specify relation, type of cancer, and age at diagnosis. N/A for No.

MA

If "other", please specify

19. Health History - Mental Health & Emotional Well-Being

Do you have a history of depression, anxiety, or other mental health conditions?
Yes

If yes, are you currently receiving treatment (medication, counseling, or therapy)? N/A for none.
Medication

Have you ever been hospitalized for a mental health condition?
No

If yes, please specify when and which hospital. N/A for none.

If "other", please specify

20. Health History - Sexual Health & Hormones

Do you experience sexual dysfunction (low libido, erectile difficulties, vaginal dryness, or other concerns)?
No

If yes, please specify. N/A for none.
Vaginal dryness

Have you noticed changes in your energy, mood, or sleep patterns that you think may be hormone-related?
Yes

Have you ever had a hormone evaluation (testosterone, estrogen, thyroid, cortisol, etc.)?
No

Would you like to have a hormonal evaluation via lab work?
Yes

If "other", please specify

21. Health History - Hair & Skin Health

Do you currently experience hair loss, thinning, or shedding?
No

Have you tried any treatments for hair loss in the past?
No

Would you like a consultation about hair loss?
No

Do you have a history of skin disorders (acne, eczema, psoriasis, etc.)?
Yes

If "other", please specify
Allergy related

22. Please answer the lifestyle questions below:

Average stress level:
Moderate

Smoke, vape, or chew tobacco?
None

On average, how many days per week for alcohol consumption?
Several days per week (3-5 days)

Recreational drugs?
Weekends only

On average, how many glasses of fluids (including water, juice, and decaffeinated tea) are consumed daily? (Glass = 8 ounces)
More than 8 glasses

Currently following any specific diet plan? If so, please specify which one(s): ☑ None of these

23. Approval and/or deferral to medical director's SOPs (description of treatment(s) that client is approved and/or deferred for). Please select all that apply treatments for approved and/or deferred to medical director's SOPs with Project Body Wellness . MedScape GFE does NOT condone any off label administration or dosing of ANY treatments. We will approve, however, it is ONLY depending on if Project Body Wellness medical director allows for off label treatment(s). For any off label administration and dosage, Project Body Wellness must follow policies and procedures as approved by your clinics medical director. If Project Body Wellness medical director does not allow for said off label treatment(s), the good faith exam note provided by MedScape GFE's and the high-level provider will be null and void.

Treatment for client is approved or denied to receive at Project Body Wellness (select ALL that apply to visit):

☑ T-Shape 2

Treatment is deferred to Project Body Wellness medical director's SOPs with the reason(s) for deferral. If no explanation(s) is/are necessary, please write "not applicable":

na

Clarification(s) needed from the client before approval. The client MUST resubmit with clarification(s) requested by the good faith exam high-level provider. If the client does not provide what the good faith exam high-level provider requests, the note is void, and therefore, the client is denied. If no explanation(s) is/are necessary, please write "not applicable":

NA

Term(s) of approved treatment:

☑ 1 year (unless medical condition(s) change, medication(s) change and/or anything if anything is added to what is stated and approved in this GFE. If any of the aforementioned apply, the client must be re-seen at the time of discovery AND before their next appointment/treatment(s)

Provide explanation(s) for short-term approval(s) (under one year approval). If no explanation(s) is/are necessary, please write "not applicable":

NA

e-signature Nov 21, 2025

Good Faith Exam completed by the following MedScape GFE Practitioner:

Danielle Trenelli, FNP-BC

*Signed by Danielle Trenelli on Nov 21, 2025 at 01:35 PM from IP 71.127.239.****