



Client: Julia Horne (6281)

Nov 25, 2025

1. Please note: fields with a red asterisk are mandatory.

Legal First Name: <u>Julia</u>	Legal Last Name: <u>Horne</u>	Date of Birth: <u>07/03/1957 (age 68)</u>	
Minor's Guardian Full Name, If Applicable: _____	Gender: <u>Female</u>	Street Address of Residence: <u>2116 Shaddock Blvd</u>	Apt./Unit #: _____
City of Residence: <u>Plano</u>	State of Residence: <u>TX</u>	Zip Code: <u>75093</u>	Mobile Phone: <u>(901) 428-1754</u>
Email: <u>jshorne@comcast.net</u>			

2. The client allows MedScape GFE to perform the good faith exam and for the good faith exam to be released to:

My Ageless Lounge

Appointment made?

Yes

3. Please state the date and time of the appointment:

11:00 am on November 25

4. Check all treatments to have now or possibly would like in the future below: *Note: MedScape GFE does not determine the treatment route and/or dosages nor prescribes. My Ageless Lounge advises on treatment options within their clinic, scope of practice and protocols according to their medical director's guidelines.

☒ Ballancer® Pro Fat
Reduction
☒ T-Shape 2 Fat Reduction

☒ Contour Red Light Fat
Reduction
☒ NeveSkin Classic
Mesophoric Massage

☒ NeveSkin Classic Fat
Reduction

5. Please answer the questions below relating to the selected treatment(s) above:

Have had selected treatment(s) before?

No

Result of previous treatment(s)?

Not applicable

Goal of requested treatment(s)? Select ALL that apply.

☒ Skin Tightening

If needed, please explain further below:

6. Under any type of medical care? (i.e. PCP, OB/GYN, allergist, naturopath, mental health, specialist)

Yes

7. "Yes" for medical care was selected. Please list the provider's name(s) and their speciality.

	Name	Speciality
1	Tyler Duong	PCP

8. For female assigned gender at birth:

Currently pregnant? ☒ No

Trying to become pregnant? ☒ No

Could possibly be pregnant? ☒ No

Currently breastfeeding? ☒ No

Going through IVF/Planning on IVF in the near future? ☒ No

9. List ALL medications below including homeopathic supplements and vitamins. If none apply, please write in "none".

	Name of Medication and Dose:	Start Date:
1	Valsartan 160 mg	2023
2	Hydrochlorothiazide 25 mg	2023
3	Omeprazole 20 mg	2015
4	Bupropion HCL XL 150 mg	2024
5	Prempro 0.3 mg/1.5 mg (twice per week)	2015

10. List ALL surgeries and hospitalizations below. This includes ALL implantation of objects placed in the body that one is not born with ie devices, stents, piercings. If none apply, please write in "none".

	Type of Surgery/Hospitalization/Implant and Location:	Date and Year of Surgery/Hospitalization/Implant:
1	Brow Lift	2009

11. List ALL allergies below and/or dietary restrictions. If none apply, please write in "none".

	Type of Allergy:	Reaction:
1	None	

12. Vitals & Measurements

Height (ft/in or cm)
5/6

Weight (lbs or kg)
155 lb

Have you noticed any recent changes in your weight?
No

Do you have personal wellness or body goals you'd like us to know about?
No

If "other", please specify

13. Health History - Circulatory and Respiratory System (Please select all that apply):

☒ **High Blood Pressure**

14. Health History - Nervous System (Please select all that apply):

☒ **None of these**

If "other", please specify

15. Health History - Digestive System (Please select all that apply):

☒ **GERD**

☒ **Irritable Bowel**

If "other", please specify

16. Health History - Skin (Please select all that apply):

☒ **None of These**

If "other", please specify

17. Health History - Other (Please select all that apply):

☒ **Bladder Infection**

If "other", please specify

18. Health History - Cancer

Have you ever been diagnosed with cancer?

No

Has any immediate family member (parents, siblings, children) been diagnosed with cancer?

Yes

If "other", please specify

If yes, please specify type, date of diagnosis, and current status (active, in remission, or treated) N/A for No.

breast cancer (it was treated and cured)

If yes, Please specify relation, type of cancer, and age at diagnosis. N/A for No.

mother

19. Health History - Mental Health & Emotional Well-Being

Do you have a history of depression, anxiety, or other mental health conditions?

No

If yes, are you currently receiving treatment (medication, counseling, or therapy)? N/A for none.

n/a

Have you ever been hospitalized for a mental health condition?

No

If "other", please specify

If yes, please specify when and which hospital. N/A for none.

20. Health History - Sexual Health & Hormones

Do you experience sexual dysfunction (low libido, erectile difficulties, vaginal dryness, or other concerns)?

No

Have you noticed changes in your energy, mood, or sleep patterns that you think may be hormone-related?

No

Would you like to have a hormonal evaluation via lab work?

No

If "other", please specify

If yes, please specify. N/A for none.

n/a

Have you ever had a hormone evaluation (testosterone, estrogen, thyroid, cortisol, etc.)?

No

21. Health History - Hair & Skin Health

Do you currently experience hair loss, thinning, or shedding?

No

Would you like a consultation about hair loss?

No

If "other", please specify

Have you tried any treatments for hair loss in the past?

No

Do you have a history of skin disorders (acne, eczema, psoriasis, etc.)?

No

22. Please answer the lifestyle questions below:

Average stress level:

Low

On average, how many days per week for alcohol consumption?

Several days per week (3-5 days)

On average, how many glasses of fluids (including water, juice, and decaffeinated tea) are consumed daily? (Glass = 8 ounces)

More than 8 glasses

Smoke, vape, or chew tobacco?

Quit

Recreational drugs?

None

Currently following any specific diet plan? If so, please specify which one(s): ☒ **None of these**

23. Approval and/or deferral to medical director's SOPs (description of treatment(s) that client is approved and/or deferred for). Please select all that apply treatments for approved and/or deferred to medical director's SOPs with My Ageless Lounge. MedScape GFE does NOT condone any off label administration or dosing of ANY treatments.

We will approve, however, it is ONLY depending on if My Ageless Lounge's medical director allows for off label treatment(s). For any off label administration and dosage, My Ageless Lounge must follow policies and procedures as approved by your clinics medical director. If My Ageless Lounge's medical director does not allow for said off label treatment(s), the good faith exam note provided by MedScape GFE's and the high-level provider will be null and void.

Treatment(s) client is approved and/or denied to receive at My Ageless Lounge (select ALL that apply to visit):

- ☒ Ballancer® Pro Fat Reduction ☒ Ballancer® Pro Lymphatic Drainage Massage
- ☒ Ballancer® Pro Skin Tightening ☒ Contour Red Light Fat Reduction ☒ Hydrafacial™
- ☒ NeveSkin Classic Facial ☒ NeveSkin Classic Fat Reduction
- ☒ NeveSkin Classic Mesopheric Massage ☒ NeveSkin Classic Skin Tightening
- ☒ Red Light Therapy Skin Tightening ☒ T-Shape 2 Endodermic Massage ☒ T-Shape 2 Fat Reduction
- ☒ T-Shape 2 Skin Tightening

Treatment(s) deferred to My Ageless Lounge medical director's SOPs with the reason(s) for deferral. If no explanation(s) is/are necessary, please write "not applicable":

NA

Clarification(s) needed from the client before approval. The client MUST resubmit with clarification(s) requested by the good faith exam high-level provider. If the client does not provide what the good faith exam high-level provider requests, the note is void, and therefore, the client is denied. If no explanation(s) is/are necessary, please write "not applicable":

NA

Term(s) of approved treatment(s) (select ALL that apply):

- ☒ 1 year (unless medical condition(s) change, medication(s) change and/or anything if anything is added to what is stated and approved in this GFE. If any of the aforementioned apply, the client must be re-seen at the time of discovery AND before their next appointment/treatment(s)

Provide treatment name(s) and explanation(s) for short-term approval(s) (under one year approval). If no explanation(s) is/are necessary, please write "not applicable":

NA

e-signature

Nov 25, 2025

Good Faith Exam completed by the following MedScape GFE Practitioner:

Danielle Trenelli, FNP-BC

Signed by Danielle Trenelli on Nov 25, 2025 at 05:10 PM from IP 71.127.239.***